

Special considerations

- Include all family members in emergency planning.
- Infants and seniors need extra supplies like diapers and formula or an extra cane or batteries for hearing aids.
- If you have a family member with an assistance animal, include them in your planning as well.

Go-Kit storage

- Store Go-Kits in easy access locations in your home.
- Store by a door. A front closet, laundry room, or shelf in the garage are smart storage ideas.
- If you have to evacuate, your kits will be by an exit and can easily be loaded into your car.



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HAMILTON COUNTY PUBLIC HEALTH

Emergency Go-Kit



Get ready!

If you were ever forced to evacuate your home, what would you take with you? During an emergency evacuation, time may be limited. By planning ahead and building an Emergency Go-Kit for each family member, you can assure that your family has the necessary supplies to get to the next safe location.

Your Emergency Go-Kit should have:

- Non-perishable food, snacks
- Bottled water
- Extra set of clothing and sturdy shoes
- Basic first aid kit and prescription medications
- Flashlight
- Radio
- Blanket
- Extra batteries
- Multi-use tool
- Mask to filter air
- Local maps
- Small games or book
- Weather appropriate items like gloves, hat, boots, sunglasses, etc.

Your Go-Kit first aid kit should have:

- Basic first aid book
- Band-Aids, all sizes
- Rolled bandage
- Sterile gauze pads
- Medical tape
- Disposable gloves
- Scissors
- Instant cold packs
- Antibacterial ointment
- Antiseptic wipes
- Sunscreen
- Non-prescription medications like pain relievers, antacids, and antihistamines
- Bug sting relief
- CPR assistance mask with a one way air valve

Important information

Include the following in each family members Go-Kit:

- List of allergies, current medications, and medical conditions
- Copies of important documents, extra keys, and cash
- Emergency contact information for a local friend or family member and an out-of-area friend or family member
- Important phone numbers – local police, fire, EMS/hospitals, shelters/resource centers, and veterinary clinics
- Family photo for re-identification, including pets

Check your Go-Kit!

Remember, when you **set your clocks** (spring and fall), **check your stocks**.

