

Montgomery Bulletin



Do you know how to drive a roundabout?

Roundabouts are popping up all over the tristate. Local roundabouts include:

- Fields-Ertel Road and Columbia Road Intersection (commonly known as Lebanon Road in Hamilton County);
- Plainfield Road and Parkview Drive; and
- Malsbary and Alliance Road.

A roundabout is currently under construction at Glendale Milford Road and Lake Forest Drive in Blue Ash.

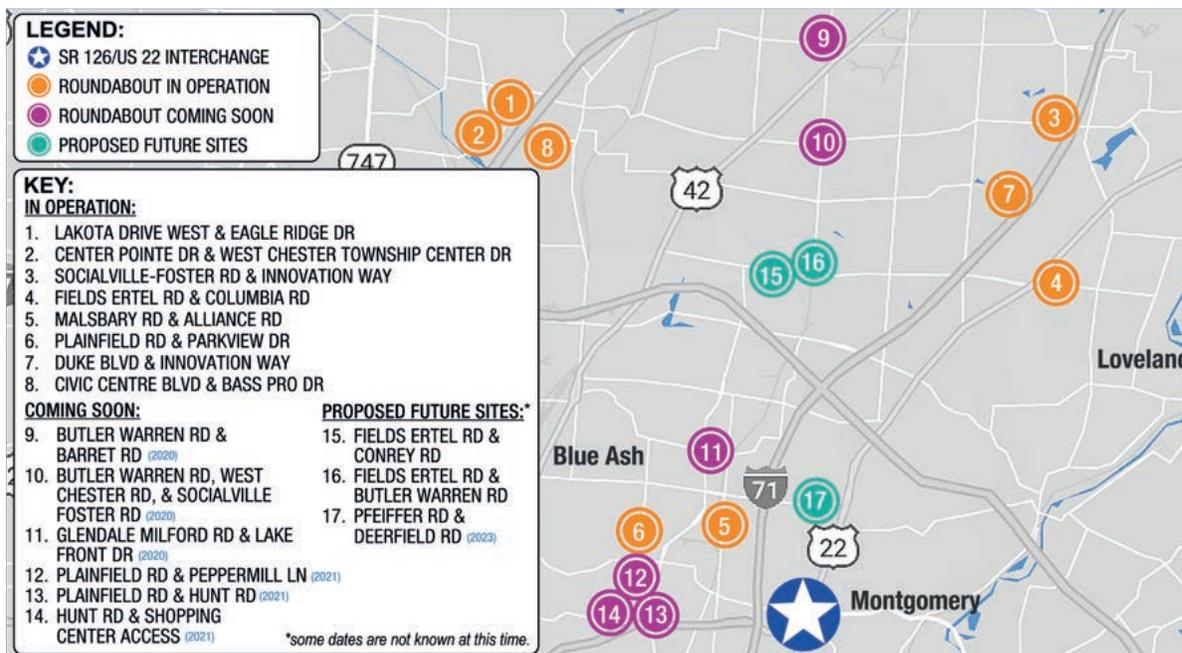
Find roundabouts confusing? We are partnering with the City of Blue Ash to provide our residents with an opportunity to try out a golf cart on a roundabout track at Summit Park, 4335 Glendale Milford Road. All are invited to experience the roundabout on golf carts from 3:30 p.m. to 7:00 p.m. on Wednesday, Oct. 2, during the last date of the Blue Ash Farmers' Market season. Montgomery city staff will be on hand to answer questions about the Montgomery Quarter project and provide tips to navigate the model.

When driving a roundabout:

1. Slow down when approaching a roundabout.
2. Observe signs and pavement markings.
3. Choose your lane before entering the roundabout based on the direction you would like to travel (just like a traditional signalized intersection).
4. Yield to traffic in ALL lanes to your left before entering.
5. Stay in your lane until your exit. Do not change lanes in the roundabout. Do not stop in the roundabout.

Learn more at montgomeryohio.org/montgomery-roundabout-information.

For additional questions on this and any other construction project, contact Gary Heitkamp, public works director, at gheitkamp@montgomeryohio.org or 513-792-8321.



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Council Message

Deferred maintenance can cause tremendous damage



by Craig Margolis

the infrastructure issue over the long term can lead to leaky roofs, broken doors, poor public lighting, potholes and waste of public funds.

Studies have shown that residents of a community become frustrated with the government when it is unable to enact solutions to infrastructure problems promptly. A policy of continued deferred maintenance has been shown to result in higher costs, higher failure rates, and health and safety problems. Infrastructure is typically understood to be those assets that support the success of a community such as streets, public buildings, parks, public plazas, and parking lots. City leaders recognize that maintenance of the infrastructure already in place is critical to the community's ability to retain existing residents and businesses.

Infrastructure is all around us, yet seldom noticed. Only when your front tire encounters a pothole or the catch basin is filled with leaves, do you see the infrastructure. Dedicated employees of our public works department have the formidable task of maintaining the streets, sidewalks, storm drainage, and public buildings and structures at the highest levels of quality. They have found that failing to address

For example, our street system consists of 47 center-line miles. Over the years, the City has developed a specific street maintenance program so that street resurfacing occurs on a 15- to 16-year cycle. What we have learned over the years is that it costs about \$ 1.5 to \$ 2.00 per square foot to resurface the pavement. If street maintenance is deferred, street repair costs can exceed \$ 10.00 per square foot.

Montgomery Public Works uses a database to combat the frustration of damaged infrastructure. The database catalogs the City's assets, such as each mile of roadway, buildings, playgrounds, and tennis courts. The department is annually assessing the health of each asset and assigns a rating to trigger to schedule maintenance or repair.

Before street maintenance begins, storm sewers under the roadway are inspected using remote cameras. This inspection prevents cutting into freshly paved streets to repair something before street resurfacing. In addition, aging fire hydrants are inspected and replaced in conjunction with the resurfacing program.

Montgomery has many of the same maintenance headaches as a homeowner: painting, staining, maintaining roofs, building sidings, and water drainage. This is where comprehensive inventory and inspection cycles pay off. With budget discipline, repairs and upgrades are made, preventing more costly maintenance.

As you walk, drive, or bike through our community, please let us know what you think of our infrastructure.

Save a life, learn First Aid/CPR



The Montgomery Fire Department is offering an American Heart Association HeartSaver First Aid/CPR certification class on Saturday, Nov. 9, from 10:00 a.m. to 2:00 p.m. There is a nominal fee of \$25 to cover the cost of materials. For more information or to sign up, please call 513-985-1633.

October/November Volunteer Opportunities

Harvest Moon Festival

(Adults/Teens/Families/Minimum Age-14)

Saturday, Oct. 12, 4:30 to 8:00 p.m.

Swaim Park (corner of Cooper & Zig Zag Roads)

Participate in this fun family event by assisting with old fashioned games and children's crafts.

For more specific information about any of these opportunities, contact DeAnna Gross, volunteer coordinator, at 513-792-8329 or dgross@montgomeryohio.org.



Council Corner

September 18, 2019 Work Session

Montgomery City Council met in its regular monthly Work Session on September 18, 2019 at City Hall. Meetings begin at 7:00 p.m., with public comment welcomed on each item before City Council.

Pending Legislation

An Ordinance Accepting Publicly Dedicated Easement Rights for Stormwater Improvements From Various Property Owners On Jolain Drive (3rd Reading)

A Resolution Amending Resolution No. 34, 2017 Authorizing A Reimbursement Agreement To Purchase Certain Design And Engineering Services For The Development Of The Gateway Redevelopment Area Project Now Known As The Montgomery Quarter

A Resolution Authorizing An Assignment Agreement Between The City Of Montgomery, Ohio, The Montgomery Community Improvement Corporation, And Certain Development Partners Within The Entity Now Known As Gateway Development Partners, LLC

An Ordinance Authorizing A Development Agreement For The Development Of The Montgomery Quarter Project

An Ordinance Approving and Authorizing the Transfer of Real Property Acquired for Economic Development Purposes to the Montgomery Community Improvement Corporation

New Legislation

A Resolution Authorizing an Intergovernmental Agreement with Hamilton County Transportation Improvement District

Resolution Authorizing the City Manager to enter into a Contract with Cargill, Inc. pursuant to a Joint Purchasing bid for 2019-2020 De-icing Rock Salt

A Resolution Accepting the Amounts and Rates as Determined by The Budget Commission and Authorizing the Necessary Tax Levies and Certifying Them to The County Auditor

An Ordinance to Make Appropriations for Current Expenses and Other Expenditures of the City of Montgomery, State of Ohio During the Fiscal Year Ending December 31, 2019

A Resolution Authorizing the City Manager to Execute a Service Agreement Governing Phase I of the Montgomery Quarter Project

RECENT COUNCIL ACTION

Approved Legislation:

September 4, 2019

| | |
|--------------------|--|
| Ordinance 11 2019 | An Ordinance Authorizing an Agreement Between the City of Montgomery And the Board of Hamilton County Commissioners Relative to The Improvement of Montgomery Road |
| Resolution 24 2019 | A Resolution Establishing City Contributions for Health Care Benefits |
| Resolution 25 2019 | A Resolution Authorizing the City Manager to Enter into A Contract with Humana Health Plan of Ohio, Inc. To Provide Medical Coverage for Full-Time Employees (Resolution No 19, 2018 approved Humana Health Plan for one-year commencing October 1, 2018 through September 30, 2019) |
| Resolution 26 2019 | A Resolution Authorizing the City Manager to Enter into A Contract with Dental Care Plus, Inc. to provide dental insurance coverage for Full-Time Employees (Resolution No. 29, 2017 approved Dental Care Plus for 24 months commencing October 1, 2017 through September 30, 2019) |
| Resolution 27 2019 | A Resolution Authorizing An Agreement with The Ohio Department Of Transportation For Bridge Inspection Services |
| Resolution 28 2019 | A Resolution Authorizing a Contract with Patented Acquisition Corporation D/B/A/ Think Patented for Design and Production Services |
| Ordinance 12 2019 | An Ordinance To Amend Appropriations For Current Expenses And Other Expenditures Of The City Of Montgomery, State Of Ohio, During The Fiscal Year Ending December 31, 2019 |
| Resolution 29 2019 | A Resolution Authorizing a Contract with Strand Associated for the Deerfield Road/Pfeiffer Road Intersection Modification Design Services |
| Resolution 30 2019 | A Resolution Authorizing The City Manager To Enter Into An Agreement With The Sycamore Community School District Board Of Education To Assign Two School Resource Officers |

These pieces of approved legislation can be reviewed on the City's website at www.montgomeryohio.org

Diversity and Inclusion Committee

sponsors next “Know Your Neighbor” discussion



The City of Montgomery Diversity and Inclusion Committee launched a community education series on the diverse cultures of Montgomery residents. The lecture and discussion series covers a range of timely human relations and cultural topics.

The next speaker in the “Know Your Neighbor” series will be Alfonso Cornejo, Board President of the Hispanic Chamber Cincinnati USA. He will speak at Terwilliger Lodge on Tuesday, Oct. 15, at 7:00 p.m. It is free and open to the public. Register for the Oct. 15 session at montgomeryohio.org/know-your-neighbor. The deadline to register is Oct. 11.

Alfonso was born in Mexico and has lived in Montgomery for the last 31 years. He has been the Board President of the Hispanic Chamber for 15 years. In his presentation, he will share data on the Hispanic population in the USA, the Midwest region, Ohio, and the Cincinnati metropolitan area.

The “Know Your Neighbor” series, sponsored by the City of Montgomery’s Diversity and Inclusion Committee, is a part of the City’s #IamMontgomery campaign. The Diversity and Inclusion Committee’s mission is to:

- Promote community awareness, cultural education, and appreciation of Montgomery’s diverse cultures;
- Create positive intercultural relations among Montgomery residents; and
- Provide a welcoming environment for all those who live, work, visit, and recreate in Montgomery.

The committee is inclusively composed of Montgomery residents.

More information about future events and educational opportunities promoting diversity and inclusivity in Montgomery are available on the City’s website, montgomeryohio.org.

Plan and practice fire escape strategies

National Fire Protection Association statistics show fire departments responded to 357,000 home structure fires annually. These fires caused 2,630 fire deaths and 10,600 fire injuries. On average, seven people die in a fire in a home per day. In a typical home fire, you may have as little as one to two minutes to escape safely from the time the smoke alarm sounds. Escape planning and practice can help you make the most of the time you have, giving everyone enough time to get out. Home fire escape planning and drills are an essential part of fire safety — practice fire drills before a tragedy occurs.

Home fire escape planning should include the following:

- Draw a map of each level of the home, showing all doors and windows;
- Go to each room and identify two ways out;
- Make sure someone will help children, older adults, and people with disabilities get out;
- Teach children how to escape on their own;
- Establish a meeting place outside, away from the home where everyone can meet, and
- Have properly installed and maintained smoke alarms.

When practicing home fire escape drills, include the following:

- Push the smoke alarm button to start the drill;
- Practice what to do in case there is smoke— Get low and go. Get out fast;

- Practice using different ways out and closing doors behind you;
- Never go back for people, pets, or things;
- Go to your outdoor meeting place; and
- Practice calling 9-1-1 from a cell phone or a neighbor’s phone.

Smoke alarms are critical to preventing a fire.

- Smoke alarms detect and alert people to a fire in the early stages.
- Smoke alarms can mean the difference between life and death.
- Working smoke alarms cut the risk of dying in a home fire in half.
- Install smoke alarms in every sleeping room, outside each separate sleeping area, and on every level of the home, including the basement.
- Test smoke alarms at least once a month using the test button.

For more general information about fire prevention, visit fpw.org.

To see if you qualify for free smoke detectors installed in your home, call the Montgomery Fire Department at 513-985-1633.

Join city arborist for free fall tree tour

City Arborist Terry Willenbrink will give his annual Fall Tree Tour on Friday, Oct. 25, at 10:00 a.m. Willenbrink has over 33 years of experience with the City of Montgomery in landscape design, trees, and beautification.

Participants will meet at Pioneer Park, gathering at the Pioneer Park parking lot, and walk along with Willenbrink as he discusses any and everything about trees and shrubs. This year during the walk will include the planting of an Autumn Blaze Maple tree. Public Works staff will be on hand to install the tree donated by the Montgomery Beautification and Tree Commission.

The City of Montgomery has been a member of Tree City USA for 23 years. The City has met the standards established by the Arbor Day Foundation in cooperation with the USDA Forestry Service and the National Association of State Foresters.



Join City Arborist Terry Willenbrink on Friday, Oct. 25, in Pioneer Park at 10:00 a.m. for the annual Fall Tree Tour.

Bring your walking shoes and questions! This event is a free experience, and registration is not required. Call Terry Willenbrink at 513-792-8320 for more information.

Recycling is so simple with Simple Recycling

Did you know you can recycle clothing and small household items alongside your regular trash/recycling pick up every week? The City of Montgomery began a partnership with Simple Recycling in December of 2018, and it costs you and the City nothing to participate. The City earns \$20 for each ton of materials collected!

According to the EPA, only 15 percent of clothing is donated or recycled in areas where no curbside program is offered, which means 85 percent of items end up in landfills. While donations to local charities are still encouraged, this program is intended to capture materials that would otherwise go into the landfill.

What can I recycle?

- Clothing and Accessories: Adult and children's clothing, coats, hats, jewelry, purses, backpacks, and shoes. Items must be dry and clean (not wet or moldy) and may be in either reusable/resaleable or damaged (stained, torn, irreparable) condition.
- Household Items: Bedding (blankets, pillows, sleeping bags), Kitchen items (dishes, glassware, silverware, pots and pans), Housewares (lamps, mirrors, pictures, radios, small furniture, tools, toys), and small appliances in working condition (toasters, microwaves, coffee makers, irons, hairdryers, etc.) Household items should be in fair, working order with the purpose of reuse.

How does it work?

1. Place acceptable items in specially marked Simple Recycling bags, or other weatherproof plastic bags marked "Simple Recycling."
2. Set the bags curbside, about 3 feet from your Rumpke recycling container, on your normal collection day.
3. Items that are too large for the bag, but small enough for one person to lift, may be placed at the curb with a "Simple Recycling" tag affixed.
4. After collection, the Simple Recycling team will leave behind orange replacement bags for future use. So Simple!

More questions?

For more information on this program, search for "Simple Recycling" at the City's website, montgomeryohio.org. You may also contact Simple Recycling directly at 866-835-5068 or visit their website simplerecycling.com to request orange recycling bags or for additional information.

Permits required for re-roofing projects

Property owners are reminded that building permits are required for residential and commercial replacement and re-roofing projects in the state of Ohio. The change to require a building permit for all residential re-roofing projects was made in 2017 and became enforceable in 2018.

In most situations, the roofing contractor will take care of obtaining the required permits. It is important that the property owner follow-up with the contractor to ensure all permits are secured prior to the completion of work.

If in doubt about when a permit is required, please call the building department at 513-792-8309 for verification.

Meet Ricky and learn about development projects at upcoming forum



All are welcome to attend the Neighborhood Leaders Forum on Tuesday, Oct. 29, at Terwilliger Lodge, 10530 Deerfield Road, from 7:00 p.m. to 8:30 p.m.

We will provide an opportunity for the public to meet Ricky, Montgomery's newest K-9 officer. See what makes Ricky so special and valued by the Montgomery Police Department and City of Montgomery. Ricky and his partner, Officer Alex Janszen, will demonstrate their unique skills and abilities.

City staff will also provide participants information about roundabout construction at Montgomery Road and Ronald Reagan Cross County Road and economic development. This project is commonly referred to as the Montgomery Quarter.

Limited space is available, so reservations are on a first-come basis. Use this link, montgomeryohio.org/neighborhood-leaders, by Friday, Oct. 25 to reserve your spot.

For more information, please contact Faith Lynch at 513-792-8358 or flynch@montgomeryohio.org.

Dispose of unwanted drugs

Deterra Drug Deactivation Pouches still available

Do you have prescriptions you no longer need?

The City of Montgomery Fire Department recently received a grant from the Ohio SafeRX Collaborative for the purchase of 300 Deterra drug deactivation pouches. You can use these pouches to dispose of patches, liquids, creams and pills. These pouches contain environmentally sound materials which degrade or are consumed by microbes in the landfill. Using the Deterra drug deactivation system is a great way to remove unwanted and unneeded drugs from your medicine cabinet and keep from contaminating the water supply and filling landfills. More information on the packaging is found here, tekpaksolutions.com.

The Deterra pouches are simple to use. Follow these steps.

- Tear open the pouch
- Place unused medications (patches, liquids, pills or creams) inside
- Fill pouch with warm water, seal tightly, and dispose of in the trash

The Deterra pouches are available at the Montgomery Safety Center lobby. There is a limited supply so pick yours up today! For more information, contact the Montgomery Fire Department at 513-985-1633.

Please do not feed the wildlife

Feeding wildlife is unsafe and unhealthy for the ecosystem

The city of Montgomery has a unique setting with an abundance of wildlife to enjoy. From time to time, we do run into situations where wildlife becomes a nuisance. Through education and management, we can control and enjoy our wildlife.

Why do people feed wildlife?

- Believe it benefits the animal
- Believe it improves the animal's survival rates
- Derives pleasure from contact with nature
- Feeling useful by providing food
- Gain the trust of animals
- Entertainment

There are several nuisance problems caused by feeding wildlife.

- Animal aggressiveness/attacks
- Comfortable with humans/lack of fear
- Malnutrition
- Death
- Disease (ex. angel wing, chronic wasting disease, mange, conjunctivitis, distemper or rabies, or Epizootic hemorrhagic disease)

Follow these helpful best management practices to reduce wildlife nuisance.

- Do not leave garbage outside.
- Treat your lawn for grubs: they are the main source of food for skunks and raccoons.
- Remove any rotten wood from woodpiles- keep woodpiles 6 inches off the ground.
- If feeding pets outside, consider doing so during the day and bring in remaining food at night.
- Clean grill after each use or place grill inside the garage.
- Clean up a bird feeder regularly to help prevent spread of disease.
- Make sure your chimney has a cap. Raccoons are known to set up homes in attics and chimneys.

For more information concerning Ohio's wildlife, call 1-800-WILDLIFE or visit wildohio.gov.

Parents need to know about vaping



Can you tell which of these are vape pens?

A smaller percentage of kids smoke cigarettes now than in previous generations. Over the last few decades, the medical community has educated society about the dangers of smoking cigarettes. Despite these gains, kids using electronic cigarettes (aka E-Cigs) become addicted to nicotine. E-Cigs are sold under several different brands but are called vapes or vape pens by most young people. The irony is that vape pens were first created to be a smoking cessation device. We now realize the dangers of these vape pens.

What is a vape pen?

Vape pens can vary in size and color. All vape pens have a battery, absorbent material (cotton), an atomizer (coil) and E-juice (nicotine). Popular vape pens look like a USB thumb drive. Kids can conceal their use of the device in front of parents and school officials. Users inhale into the lungs a nicotine-rich aerosol produced by the vape pen. The user then blows the aerosol out, and it resembles water vapor. Doctors have raised health concerns about the chemicals contained in the aerosol and the amount of nicotine.

Is vaping safe?

Vape pen components are largely unregulated. Many vapes contain harmful chemicals:

- Formaldehyde
- Toluene
- Acetone
- Nickel
- Lead
- Cobalt

These chemicals and other known substances are leading to an increase in respiratory issues for young people. Researchers have not been able to study the effects of vaping and the full medical implications of long-term use. Also, batteries used in vape pens can spontaneously explode, causing severe facial injuries.

What should I notice?

If kids are vaping, their clothes will often have a citrus aroma. They claim it is body spray or deodorant. Additionally, vape pens can be used to smoke liquid THC, an active ingredient in marijuana.

Vape pen manufacturers target young people with clever marketing techniques and catchy advertising. There are also hundreds of different flavorings to make vaping more enjoyable for young people.

To curtail access to cigarettes and vape pens, Ohio Governor Mike DeWine recently raised the minimum age to purchase cigarettes and vape pens from 18 to 21 years of age. The medical community has sounded the alarm on these devices and parents and school officials must continue to educate themselves on vape pens and monitor access to them. Sycamore Community Schools do not allow vape pens on school property, and possession is grounds for suspension and possible criminal charges.

For more information about vaping, please visit montgomeryohio.org or contact the Montgomery Police Department at 513-985-1600.

Source: Stanford University Study, School of Medicine

Help make holiday magic

Be part of something unique. Decorate downtown Montgomery for all to enjoy this coming holiday season. Delight in knowing that you played a part in the holiday decorations that grace downtown Montgomery for the Tree Lighting and that magical time when it snows. The City of Montgomery, in conjunction with the Montgomery Woman's Club, will begin the Holiday Decorating of downtown Montgomery project in November.

Holiday Decorating Project Phase One:

What: Greenery and bow "fluffing" workshop.

When: Saturday, Nov. 2, 9:30 a.m.

Where: City Annex Building, 10115 Montgomery Road.

Holiday Decorating Project Phase Two:

What: Decorating of downtown Montgomery.

When: Monday, Nov. 4, (rain date Tuesday, November 5), 9:30 am to about noon.

Where: Meet at the Universalist Church on the corner of Remington and Montgomery Roads.

Come and devote your time to one of the City's landmark projects. Any amount of time for either or both phases of the project would be greatly appreciated. As you drive through downtown Montgomery, especially during snowy times, you can take pride in knowing you helped to create this winter wonderland.

For more information or to get on the volunteer roster, contact DeAnna Gross, volunteer coordinator, at 513-792-8329 or dgross@montgomeryohio.org.

City of Montgomery Recreation and Events

Seats still available for two Live at the Uni performance dates

The Montgomery Arts Commission presents Live at the Uni, a concert series providing Montgomery citizens and guests an outstanding musical experience in the warm setting of the Universalist Church in Montgomery's historic district. Twin Lakes Senior Living Community returns as the presenting sponsor of the Live at the Uni series.

The series opens with Cincy Jazz Train on Oct. 7, playing a large collection of jazz standards echoing the sounds of Miles Davis, Kenny Dorhan, Bill Strayhorn and Sonny Rollins. Seating on this date is at capacity.

On Oct. 21, the series welcomes bass-baritone Thomas Hammons, who has been heralded throughout the United States, Canada and across Europe, for the depth and richness of his portrayals and the strength and beauty of his singing. His performance will include classical and contemporary selections. Seats are still available for this date.

On Nov. 4, the series is thrilled to welcome back by popular demand, University of Cincinnati CCM senior vocalist Madeleine Rosenthal performing selections from Broadway and beyond. Seats are still available for this date.

Sponsored by:



More information about series performers is available on the City website, montgomeryohio.org. The Live at the Uni concert series takes place in Montgomery's historic Universalist Church, located at the corner of Montgomery and Remington Roads. All concerts start at 7:00 p.m. and last about an hour.

Post-concert receptions are held and hosted by the Montgomery Inn, across the street from the church, giving concertgoers an opportunity to meet the performers and to socialize with each other over food and drink. There is no charge for admission to the concerts, but the Arts Commission suggests a donation of \$5 per adult at the door to help defray the cost of the events.

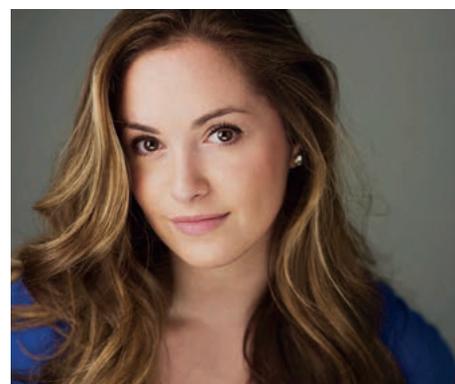
Reservations are required, as seating in the church is limited. To reserve a seat for this event, please register online at montgomeryohio.org. Limit four seats per registration. Seats go fast!



Thomas Hammons



Cincy Jazz Train



Madeleine Rosenthal

Montgomery Tree Explorer



Enjoy the new Montgomery Tree Explorer program together with your child. This free program includes workbooks for ages 2 to 5 and ages 6 and up. The workbooks provide participants with a variety of activities that will engage them in learning about local Montgomery trees in a fun and active way.

Workbooks are available online at montgomeryohio.org and Montgomery City Hall, 10101 Montgomery Road. Turn in completed workbooks any time, Monday through Friday, from 7:30 a.m. to 5:00 p.m. at City Hall.

A member of the City recreation team will review the workbook and follow up with the participant.

For more information on this free program, contact Sarah Fink, recreation specialist, at sfink@montgomeryohio.org or 513-792-8317.

Register now for the Lanterns and Landmarks Historical Tour and Reception



Reserve your spot before Oct. 23

Did you know the bricks to Universalist Church were made on the site, and some of them have a house-key imprint? And, for many years, the church bell was the village fire alarm?

Join us for a walking tour and reception, supporting the rich historical heritage of the City of Montgomery. This tour is unique because of the educational and fun stories about the landmarks as well as the interesting stories about the people of Montgomery told during the tour. After the walking tour, participants will have an opportunity to mingle and enjoy appetizers and wine inside Universalist Church.

When: Saturday, October 26 from 6:00 to 9:00 p.m.

Where: Starting and ending at Universalist Church

Cost: \$20 per person, and the event is for ages 21 and over.

Sponsored by:



The Lanterns and Landmarks Tour is jointly sponsored by the Landmarks Commission, Montgomery Historic Preservation Association and the City's recreation staff and community development department.

Registration is required and available online at montgomeryohio.org. The deadline to register is Oct. 23. For more information, contact Julie Machon at 513-792-8316 or jmachon@montgomeryohio.org

Submit art to holiday card contest

Artists of all ages are encouraged to share their artistic side with the community and beyond by submitting an original work of art for Montgomery's annual holiday card. The card is used by City officials and staff for their correspondence during the holiday season. This year's winning artist will receive a gift basket, public recognition, and a set of 50 winning-design cards.

Artists can use any medium, from photography to oils, chalk, etc., but will need to provide a digital image of the art to the City for consideration. The ideal design will have a "Winter in Montgomery" theme.

Deadline for submission is Tuesday, Oct. 1. Check montgomeryohio.org or call Recreation Coordinator Julie Machon at 513-891-2424 for more information. The Holiday Card Contest is presented by the Montgomery Arts Commission.



The 2018 Holiday Card was created by Gerry Houchell.

Festival of Trees

Participants are invited to decorate an artificial 3- to 4-foot tree in this fun contest. Past entries have exploded with creative twists with themes that included; Fiona the hippopotamus, tiny ugly sweaters, the Island of Misfit Toys, and a Minion tree. All the entries were wildly creative and brought joy to all the Holiday in the Village attendees.

Enter as a group, family, business, or as an individual. It's not too early to start thinking of your creative theme and decorations!

Entry forms are due by Monday, Nov. 18. Trees will be displayed at one of four locations during the Holiday in the Village event on Saturday, Dec. 7.

For more information or questions, please contact Julie Machon at 513-792-8316 or jmachon@montgomeryohio.org.



Family Festival



Harvest Moon

Hayrides, ponyrides, crafts, facepainting, smokehouse, firetruck, dinner by Pit to Plate, enjoy dessert by The Cheesecakeery, Sweet Maize kettlecorn, roast s'mores, tours of the Wilder-Swaim House, games and FUN!

Saturday FALL FUN
OCT 12, 5 - 8 p.m.
 Swaim Park, Montgomery

www.montgomeryohio.org



Kids Yoga
 Ages 5-8

Mondays 10/7 - 11/18
 No Class on 11/4
 4:15 - 5:00 pm
 Participants may arrive at 4:00 pm
 \$40 Residents
 \$45 Non-Residents

Classes will be held at the Recreation Annex Building located at 10115 Montgomery Rd. All equipment is provided for this class.

Registration available at www.montgomeryohio.org

For more information please contact Sarah Fink at sfink@montgomeryohio.org

2019 COLORING CONTEST

Contest runs Nov 1-22

Let your creativity show. Go wild with markers, crayons, glitter, sequins or whatever a child's imagination can think of with this coloring contest. Kids can use any available materials that can be joined with paper.

Winners will be chosen in the following grades: preschool, kindergarten, first-second grade, third-fourth grade and fifth-sixth grade.

Categories are: Most Creative, Best Use of Color and Overall Skill.

Starting Nov 1 coloring sheets will be available to download at montgomeryohio.org or for pick up at City Hall. Coloring sheets will also be distributed within the schools.



MONTGOMERY



FITNESS

Experience updated group exercise equipment and classes. All equipment needed for classes is provided. Registration for **2019 - Session F** of fitness classes is open. For more information and to register, visit montgomeryohio.org



Fitness Class Schedule 2019 - Session F

| Day | Class Name | Dates of Session | No Class | Session Length | Time of Class | Res. | Non-Res. |
|-------|---------------------|------------------|--------------------|----------------|-----------------------|-------|----------|
| Mon | Mixed Level Yoga | 10/21 - 12/16 | 11/4 | 8 classes | 9:30-10:30 a.m. | \$40 | \$45 |
| Mon | Chair Yoga | 10/21 - 12/16 | 11/4 | 8 classes | 11:15 am-12:15 p.m. | \$40 | \$45 |
| Tues | 20/20/20 | 10/22 - 12/17 | 11/5 | 8 classes | 9:00-10:00 a.m. | \$40 | \$45 |
| Tues | Tai Chi | 10/22 - 12/17 | 11/5 | 8 classes | 10:20-11:20 a.m. | \$80 | \$90 |
| Tues | Pilates | 10/22 - 12/17 | 11/5 | 8 classes | 6:00-7:00 p.m. | \$40 | \$45 |
| Wed | Beginner Level Yoga | 10/23 - 12/18 | 11/6 | 8 classes | 9:30-10:30 a.m. | \$40 | \$45 |
| Wed | Chair Yoga | 10/23 - 12/18 | 11/6 | 8 classes | 11:15 a.m.-12:15 p.m. | \$40 | \$45 |
| Thurs | 20/20/20 | 10/24 - 12/19 | 10/31, 11/7, 11/28 | 6 classes | 9:00-10:00 a.m. | \$30* | \$35* |
| Thurs | Pilates | 10/24 - 12/19 | 10/31, 11/7, 11/28 | 6 classes | 6:00-7:00 p.m. | \$30* | \$35* |

*Adjustment of prices is based on number of classes that are occurring within the session.

Description of Classes

Chair Yoga Yoga is a practice that can be modified to support anyone at any stage of life, and it is never too late to begin! This class makes yoga accessible to advancing seniors and to students with arthritis, injuries or other movement limitations. Each student will have a chair to assist with balance for simple standing poses. Students will also do many postures seated in the chair and will spend plenty of time on breathwork and guided relaxation.

20/20/20 This class offers light to moderate cardiovascular exercises, light strength training and light stretching for 20 minutes each.

Beginner Level Yoga This class is for those who are ready to try yoga for the first time or who just prefer to practice at a slower and gentler pace. Participants will take plenty of time to really learn form and alignment of traditional yoga poses while also building strength and flexibility with bodyweight exercises.

Tai Chi Often called a moving meditation, Tai Chi has its roots in martial arts. The movements are practiced slowly and smoothly with attention to proper posture and breathing. Tai Chi is easy to learn, effective and safe; it increases flexibility, muscle strength, heart/lung activity, aligns posture, improves balance, and integrates the mind and body.

Mixed Level Yoga In this class participants can explore physical posture and energetic alignment in traditional yoga poses. Participants can also build strength and flexibility through bodyweight exercises. Modifications will be offered to make sure everyone gets just what he or she needs. Prior yoga experience is recommended.

Pilates This class is geared towards using core body muscles to get effective results in the midsection. Participants will work on lengthening the spine, proper alignment and posture, and a strong center.

Learn Soaring Crane Qi Gong

Learn the five routines of Soaring Crane Qi Gong, one of the most popular qi gong forms in China, to practice on your own.

What: This weekend workshop will teach you to perform this sequence that powerfully restores and maintains health, allowing practitioners to feel positive changes in body, mind, and spirit quickly after beginning practice.

Who: Taught by Master Trainer Ralph Dehner for those interested in learning a coordinated system of movement exercises, controlled breathing, and mediation.

When: October 18-20, 2019

Where: The Recreation Annex, located at 10115 Montgomery Road.

Cost: Cost is \$225 per person.

How: Visit montgomeryohio.org for more details and to register.

Please note: This is a skill builder workshop that is intended to teach qi gong for self-care only and does not certify participants to teach.



Montgomery Bulletin



10101 Montgomery Road
Montgomery, Ohio 45242

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Vice Mayor

Lynda Roesch

Council Members

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Mike Cappel
Gerri Harbison
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Clerk of Council

Connie Gaylor

City Manager

Brian Riblet



HOW TO REACH US



City Hall
891-2424

Police Department
(non-emergency)
985-1600

Public Works
792-8355

Fire Department
(non-emergency)
985-1633

**Planning/Zoning/
Building**
792-8309

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Montgomery Bulletin

October Events

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------|--|--|--|--|---|---|
| | | 1 | 2 | 3 | 4 | 5 |
| | | | Roundabout model at Summit Park 3:30 - 7:00 p.m. Council Business Session, City Hall 7:00 p.m. | | | |
| 6 | Beautification and Tree Commission, Public Works 9:00 a.m. | 7 | 8 | 9 | 10 | 11 |
| | Arts Commission, Universalist Church 5:00 p.m. Planning Commission, City Hall 7:30 p.m. Fall Brush Collection for Residents with Friday Trash Pickup | National Fire Prevention Week | | | | |
| | | | | Parks and Recreation Commission, Terwilliger Lodge 6:30 p.m. | | Harvest Moon Family Festival, Swaim Park 5:00-8:00 p.m. |
| 13 | 14 | 15 | 16 | 17 | 18 | 19 |
| | Columbus Day Sycamore Community Schools Closed | Know Your Neighbor Terwilliger Lodge 7:00 p.m. Sister Cities Commission City Hall 6:30 p.m. | Landmarks Commission City Hall 7:00 pm | | | Cardboard Recycling, 7315 Cornell Road 10:00 a.m.-1:00 p.m. |
| 20 | 21 | 22 | 23 | 24 | 25 | 26 |
| | Planning Commission City Hall 7:30 p.m. | Board of Zoning Appeals City Hall 7:00 p.m. | Council Work Session City Hall 7:00 p.m. | | School's Out Day Trip, Swaim Park Small Shelter 9:00 a.m. - 5:00 p.m. Free Fall Tree Tour Pioneer Park parking lot 10:00 a.m. Sycamore Community Schools Closed | Lanterns and Landmarks Historical Tour and Reception, Universalist Church 6:00 p.m. - 9:00 p.m. |
| 27 | 28 | 29 | 30 | 31 | | |
| | | Neighborhood Leaders Forum Terwilliger Lodge 7:00 p.m. | | Trick or Treat, 6:00-8:00 p.m. Rain or Shine | | |