

RESOLUTION NO. 36 , 2014

**A RESOLUTION IN SUPPORT OF WETHRIVE! COMMUNITY WELLNESS
AND ACTION INITIATIVE TO PROMOTE A HEALTHIER COMMUNITY**

WHEREAS, according to the most recent public health data available in Hamilton County, 56.91 percent of adults are overweight or obese, 31.72 percent of third graders are overweight or obese, 80 percent of children who are overweight at age 10 will be obese as an adult, and since 1980, obesity prevalence among children and adolescents has almost tripled; and

WHEREAS, the cost in Ohio related to obesity is reported to be \$3.3 billion each year; and

WHEREAS, improved accessible nutritional food sources, including fresh fruits and vegetables, access to safe areas for physical exercise and proper nutritional education will reduce obesity and likely will save lives, save medical costs and promote more healthy lifestyle choices; and

WHEREAS, good nutrition and regular exercise are critical components of a healthy lifestyle; and

WHEREAS, poor nutrition is a serious health threat to the adults and children nationally and in Hamilton County.

NOW THEREFORE, BE IT RESOLVED, by the Council of the City of Montgomery, Ohio, that:

SECTION 1. The Montgomery City Council hereby recognizes that active and healthy lifestyles are incredibly important and we hereby state our commitment to the WeTHRIVE! Community Wellness in Action Movement to seek opportunities to reduce

obesity and to encourage healthy and active lifestyles in our community. Further, the City of Montgomery pledges to support community efforts to maintain the Montgomery Farmers' Market, recognizing that the Farmers' Market provides fresh produce to community residents, supports small farmers and builds community.

SECTION 2. The City Council supports our partnership with Hamilton County Public Health to respond to public health emergencies by designating Points of Dispensing (POD) sites that provide medication to residents.

SECTION 3. The City of Montgomery will maintain an emergency preparedness plan which includes community awareness, staff training, and volunteer recruitment.

SECTION 4. This Resolution shall be in full force and effect from and after its passage.

PASSED November 5, 2014

ATTEST Susan J. Hamm
Susan J. Hamm, Clerk of Council

Christopher P. Dobrozsi
Christopher P. Dobrozsi, Vice Mayor

APPROVED AS TO FORM

Terrence M. Donnellon
Terrence M. Donnellon, Law Director