

August 7, 2015

TO: City Council Member Gerri Harbison, Chair  
Government Affairs Committee of City Council

FROM: Wayne S. Davis, City Manager *WSD*

SUBJECT: Government Affairs Committee Meeting of Monday, August 10, 2015

As a reminder, the Government Affairs Committee is scheduled to meet on Monday, August 10 at 4:30 p.m. at City Hall. Items to be discussed include:

- a. Senior Services—Please find attached correspondence from Matthew Vanderhorst, Community and Information Services Director, regarding a report on Senior Services. Staff would like to discuss with the Committee the contents of the report and future opportunities in this area.
- b. Surplus Property Disposal (Community and Information Services)—Please find attached correspondence from Matthew Vanderhorst, Community and Information Services Director, requesting that the Government Affairs Committee declare the attached list of miscellaneous equipment as surplus property. If approved, the equipment will be auctioned to the public through GovDeals.com.
- c. Strategic Plan Retreat Update—Staff would appreciate the opportunity to discuss its proposed process for the upcoming strategic plan. A Strategic Plan briefing book will be provided for you at this meeting.
- d. Law Director Annual Evaluation—Staff would appreciate the opportunity to discuss the proposed timeline for the annual Law Director Review process.
- e. Update on Conversations with the Village of Montgomery, N.Y.—Staff has been in contact with representatives from the Village of Montgomery, N.Y. and would like to update the Committee on these conversations.
- f. Update on Holiday Card-Art Contest—Julie Machon, Recreation Coordinator, will be in attendance at the meeting to provide an update on the Holiday Card contest.
- g. Other Business—The purpose of this agenda item is to provide an opportunity to discuss any issue or ask questions that may be on your mind.

Also, attached are the minutes from the June 11, 2015 meeting of the Government Affairs Committee for review and approval at Monday's meeting.

Should you have questions or concerns pertaining to these topics, or have additional items to be discussed at Monday's meeting, please do not hesitate to contact me.

C: Government Affairs Committee Members (2)

Mayor and City Council Members (4)  
Connie Gaylor, Administrative Coordinator  
Department Heads  
File



## **Agenda**

**August 10, 2015  
Montgomery City Hall  
10101 Montgomery Road**

**4:00 P.M.**

- 1. Call To Order**
- 2. New Business**
  - a. Senior Services
  - b. Surplus Property Disposal (Community and Information Services)
  - c. Strategic Plan Retreat Update
  - d. Law Director Annual Evaluation
  - e. Update on Conversation with Montgomery, N.Y.
  - f. Update on Holiday Card-Art Contest
- 3. Old Business**
- 4. Other Business**
- 5. Approval of Minutes – June 11, 2015**
- 6. Adjournment**

August 6, 2015

TO: Wayne S. Davis, City Manager

FROM: Matthew Vanderhorst, Community and Information Services Director *mv*

SUBJECT: Senior Services Report

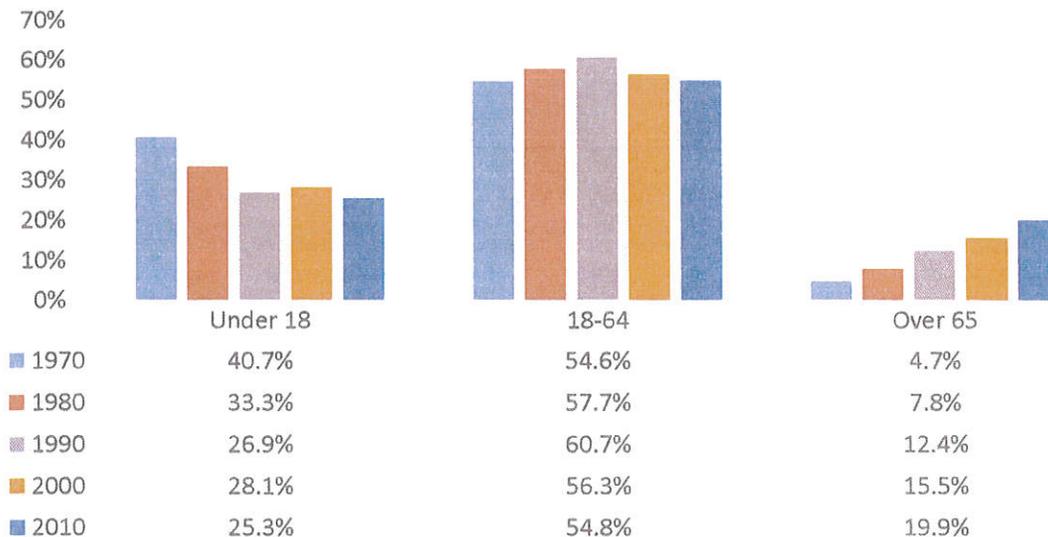
**Background**

According to research by the American Association of Retired Persons (AARP), nearly 90% of seniors want to stay in their own homes as they age. Even if they begin to need day-to-day assistance or ongoing health care during retirement, most (82%) would prefer to stay in their homes.

In 1990, the percent of people age 65 and older living in nursing homes was 5.1%. The percentage of people age 65 and older living in nursing homes decreased to 4.5% in 2000 and by 2011 only 3.6% of this population lived in institutional settings.

In 2010, the median age in Montgomery was 46.9 years of age. The majority of Montgomery residents are between the ages of 18 and 64; however, the number of residents 65 years of age and older has steadily increased from 4.7% in 1970 to 15.5% in 2000 and 19.9% in 2010. Nationally, residents 65 and older have increased from 12.4 percent in 2010 to 13 percent in 2010.

**Median Age in Montgomery**



It is anticipated that the number of residents over the age of 65 will increase in the 2020 census due to the aging of the population at a national level, the trend for aging in place and the potential growth of the Twin Lakes Retirement Community.

This trend of aging in place will require a strong base of senior support services. Fortunately for residents of southwest Ohio and Montgomery in particular, there is an abundance of services from many organizations. My search started with United Way's 211 service. Most senior services offered by United Way are actually managed by other organizations. These organizations are listed below.

**Life Enriching Communities/Twin Lakes**

9840 Montgomery Road  
Montgomery, Ohio 45242  
(513) 247-1300  
[lec.org/twin-lakes/](http://lec.org/twin-lakes/)

Life Enriching Communities is creating a membership program for adults that would provide care coordination services and a financial allowance to enable seniors to age in place. The financial allowance will assist with funding in-home services and assisted living or long-term nursing care, if needed.

Each person that enrolls will receive the services of a personal care coordinator who will help them navigate a variety of decisions from finding a lawn service to finding the best home care services and everything in between. The financial allowance will begin when the individual needs some type of home health service, either temporary or long term.

Membership fees will be determined by age, health status and financial status. Individuals between 55 and 81 year of age are eligible to enroll. The program is anticipated to be in place by early August, 2015.

**People Working Cooperatively (PWC)**

4612 Paddock Road  
Cincinnati, Ohio 45229  
(513) 351-7921  
[www.pwchomerepairs.org](http://www.pwchomerepairs.org)

People Working Cooperatively helps communities save homes and restore pride for low-income elderly and disabled homeowners who need critical home repairs. PWC provides critical home repair, energy conservation, and modification services to low-income, elderly, and disabled homeowners in Southwest Ohio, Northern Kentucky and Southeastern Indiana.

### **ITN Greater Cincinnati**

200 Northland Boulevard

Cincinnati, Ohio 45262

(513) 559-2200

<http://www.itngreatercincinnati.org/>

The Independent Transportation Network (ITN) is a transportation option for older adults without viable transportation alternatives. Services include:

- Membership-based service with annual fees of \$75 for individuals and \$100 for a family.
- People 60 years and older and visually impaired adults are eligible to join.
- Community-based affiliates are supported by private, rather than public resources.
- Fares that are typically lower than a comparable taxi ride.
- Available 7 days a week, 24 hours a day for any purpose.
- Drivers provide arm-through-arm, door-through-door service and help with packages.
- No money is exchanged in the vehicle, and tips are not accepted.
- Riders pre-fund a personal transportation account, and a monthly statement details all payments and charges.
- Uses automobiles, rather than vans or buses.
- Rides may be booked at any time, with discounts for advance notice.
- Riders may travel alone or with others, with discounts for shared rides.

### **Sycamore Senior Center**

4455 Carver Woods Drive

Cincinnati, Ohio 45242

(513) 984-1234

[sycamoreseniorcenter.org](http://sycamoreseniorcenter.org)

A full-time outreach coordinator provides counseling, crisis intervention, advocacy, referrals to other agencies and help with filing benefit claims and insurance forms. Arrangements for home health care and other services are offered as well. A handyman service, run by volunteers, helps older adults with minor repairs around the home.

Among the various services provided by the Sycamore Senior Center, two of the most requested are home delivered meals and transportation.

- **Home Delivered Meals:** For those who are unable to leave their homes, the Sycamore Senior Center provides home delivered meals. Volunteers deliver thousands of meals through the Meals-On-Wheels program, Monday through Friday. As the elderly population continues to grow so does the need for Meals on Wheels services in the Cincinnati suburbs. The Meals on Wheels program expanded to serve an average of 300 clients per month with 86,783 meals throughout the year. Frozen meals are provided for weekends. Meals are available on a donation basis.

- **Transportation:** Sycamore Senior Center offers transportation Monday through Friday to the Sycamore Senior Center as well as to medical appointments, chemotherapy and radiation treatments, therapy appointments and grocery shopping. A wheelchair accessible van is also available. Medical transportation appointments must be made at least two weeks in advance. The transportation program served an average of 100 clients per month making 5,428 trips which accounted for 65,677 miles.

### **Council on Aging**

175 Tri County Parkway

Cincinnati, Ohio 45246

(513) 721-1025

[www.help4seniors.org](http://www.help4seniors.org)

Programs and services administered by Council on Aging (CoA) preserve dignity and choice for seniors, people with disabilities, families and caregivers.

As the area agency on aging for Butler, Clermont, Clinton, Hamilton and Warren counties, CoA's mission is to enhance people's lives by assisting them to remain independent at home through a range of quality services. Their programs and services include:

- In-home care and assisted living
- Transitions from hospitals and nursing homes
- Call center for information and guidance
- Caregiver support

Beyond these core services, the CoA also provides the following services with varying levels of eligibility.

- **Elderly Services Program (ESP)** – This service helps older adults remain safe and independent in their homes. Expands care already provided by family and friends. Prevents unnecessary nursing home placement.
  - *Basic Services and Benefits* - Depending on client's needs, services may include:
    - Care Management
    - Medical Equipment
    - Home Modification
    - Meals/Nutrition
    - Transportation
    - Emergency Response System
    - Home Care (ex. housekeeping, help with bathing)
  - *Eligibility Requirements*
    - Hamilton county residents: Age 60+
    - Moderate to severe level of disability, generally a combination of two or more activities of daily living and instrumental activities of daily living.

- Ineligible for services through another payer such as Medicaid, Medicare, insurance or hospice
- **PASSPORT** - Ohio Medicaid program that helps older adults with disabilities receive care and support in their homes, instead of a nursing home.
  - *Basic Services and Benefits* - Services similar to ESP but more intensive and can include:
    - Nursing
    - Out-of-home respite
    - Ability to hire your own workers
    - Help with out-of-pocket medical and prescription costs
  - *Eligibility Requirements*
    - Age 60 and older
    - Low-income (Medicaid eligible)
    - Require nursing home level of care, help with at least two or more activities of daily living and instrumental activities of daily living.
- **Aging and Disability Resource Connections (ADRC)** - Unbiased answers, advice, information and service referral for older adults, people with disabilities, family members, caregivers, and professionals.
  - *Basic Services and Benefits* - Call Center staff are certified by the Alliance of Information and Referral Systems.
    - Senior housing and nursing homes
    - Financial assistance, Medicare and other benefits
    - Resources for people with disabilities or mental health needs
    - Caregiver assistance
    - Long-term care options and planning
    - Education and recreational activities
  - *Eligibility Requirements*
    - Free service for anyone with questions about aging and disability-related issues.
- **Community Transitions** - Restores independence by helping eligible older adults and people with disabilities move from long-term care facilities to home and community settings.
  - *Basic Services and Benefits* - Create successful transitions from nursing homes to more independent living settings, such as apartments, group homes or assisted living facilities. In-home and community-based care provided via programs such as HOME Choice, PASSPORT, the Assisted Living Waiver, Ohio Home Care Waiver or the Elderly Services Program. A transitions coordinator and/or care manager works with other community organizations to coordinate housing; long-term care and medical services; other community services and benefits; financial assistance; and family support.
  - *Eligibility Requirements* - Available to anyone who can move from an institutional setting back into the community via HOME Choice, PASSPORT, the Assisted

Living Waiver, Ohio Home Care Waiver or the Elderly Services Program. HOME Choice is for a person of any age who:

- Has lived in a long-term care facility for at least 90 days
- Is eligible for Medicaid prior to discharge from the facility
- Has care needs that would otherwise be met only in a long-term care facility
- **Care Transitions** - An evidence-based coaching program that uses patient education, monitoring, and referrals to help hospitalized seniors get home and stay home.
  - *Basic Services and Benefits* - Care Transition Specialists work with patients to prevent hospital readmissions and nursing home placement.
    - In-person and over-the-phone follow up after discharge
    - Personal Health Record to manage health information and improve communication with doctors and specialists
    - Coach patients to manage chronic conditions
    - Coordinate acute medical care and long-term care
    - Aging network resource for hospital staff
  - *Eligibility Requirements* – Care Transitions Specialists work with Medicare patients at participating hospitals who are at high risk for readmission to the hospital after discharge. Participating hospitals include:
    - The Christ Hospital
    - Clinton Memorial Hospital
    - Mercy Health
    - The Jewish Hospital
    - Anderson Hospital
    - Clermont Hospital
    - Fairfield Hospital
    - West Hospital
    - University of Cincinnati Medical Center
    - UC Health - West Chester Hospital
- **Caregiver Support and Education** - Free help, education and support for caregivers.
  - *Basic Services and Benefits* - Resource manual and in-home consultation with an RN to help caregivers.
    - Reduce stress, burden and injuries
    - Increase confidence and knowledge
    - Improve quality of care
    - Balance personal lives and caregiving responsibilities
  - *Eligibility Requirements* - Care recipient or caregiver must be at least 60 years old (no age requirement for family caregivers who provide care for individuals with Alzheimer's disease and/or other brain disorders).

## **Recommendation**

Based on my research, it is clear that there is an abundance of services for seniors and for those wishing to age in place. Awareness and facilitation are areas where the City of Montgomery can improve.

The City website lacks any significant presence for senior services. A series of articles created by the Green P.E.A.S. task team was run in the Montgomery Bulletin in previous years but they were more generic in nature because of the limitation placed on promoting other business and organizations. To increase awareness, senior services listed on the City website can be strengthened to include the services listed above and any new services that staff become aware of. In addition, updated versions of the previous articles that were published in the Bulletin should be run again but with more detailed information about the services offered along with specific contact information. To address walk-in customers and callers, detailed information can be made available at the front desks of the Safety Center and City Hall.

Along with increasing awareness, the City of Montgomery can also play a facilitation role in directing individuals and caregivers to the many available senior services. This can be accomplished through open houses, community luncheon round tables or other engagement efforts.

In closing, there is clearly an abundance of services available to local seniors but there are opportunities to improve awareness and outreach which staff is well equipped to manage. This topic should be considered as a potential strategy in the 2016-2021 strategic plan.

August 7, 2015

**TO:** Wayne S. Davis, City Manager

**FROM:** Matthew Vanderhorst, Community and Information Services Director *MJV*
**SUBJECT:** Surplus Equipment

The following listed computer equipment is of no use to the department due to equipment condition and obsolescence and should be designated as surplus by the Government Affairs Committee of City Council. Also included to be designated as surplus is 19 office desk chairs no longer of use due to the age and condition of the chairs.

Manufacturer	Model	SN	Type
Nortel	5530-24TFD	LBNNTMJPR203VD	Network Switch
Nortel	5530-24TFD	LBNNTMJPR203VE	Network Switch
Nortel	Business Policy Switch 2000	0004DC804AA0	Network Switch
Nortel	Passport 2430	SSCPV105ZS	Network Router
Nortel	Passport 2430	SSCPV1060W	Network Router
Adtran	TSU 120	-	CSU/DSU
Adtran	TSU 120	-	CSU/DSU
Dell	Dimension C521	5W9KCC1	PC
Dell	Latitude D820	36CN7B1	Laptop
Dell	Latitude D820	G3CN7B1	Laptop
Dell	Inspiron 9400	2ZJ27B1	Laptop
Dell	PowerEdge 2950	15LCYH1	Server
Dell	PowerEdge 1850	3CGPS81	Server
Dell	PowerEdge 1850	G9127B1	Server
Dell	Optiplex XE	9P8WKM1	PC
Dell	Optiplex 380	19MCLM1	PC
Dell	Latitude	B3KNBS1	Laptop
Tripp Lite	-	-	Network Cabinet

This computer equipment and furniture does have value and will be placed on GovDeals.com for auction. Computer hard drives have been erased of all data and formatted according to US DoD 5220.22-M standards.

If you have any further questions, please do not hesitate to contact me.

*These Minutes are a draft of the proposed minutes from the Government Affairs Committee of City Council meeting. They do not represent the official record of proceedings until formally adopted by the Government Affairs Committee of City Council. Formal adoption is noted by signature of the Chair within the minutes.*

City of Montgomery  
Governmental Affairs Committee Minutes  
June 11, 2015

Present

Wayne Davis, City Manager  
Connie Gaylor, Clerk of Council  
Matthew Vanderhorst, Communications & Information Services Director  
Brian Riblet, Public Works Director

City Council Committee Members Present

Gerri Harbison, Chair  
Lynda Roesch  
Chris Dobrozsi

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The Governmental Affairs Committee of Council convened in Council Chambers at 4:00 p.m. with Mrs. Harbison presiding.

**Presentation of 2015 Citizen's Survey**

Dr. Eric Rademacher of the University of Cincinnati, Institute for Policy Research and Amy Paul of Management Partners were present to discuss the 2015 Citizen Survey results. Dr. Rademacher stated that 4,025 households were sent invitations to participate in the survey either by mail or through the University of Cincinnati website. He explained that 911 residents responded which is a response rate of 23%. Dr. Rademacher discussed with the Committee the details of the survey including comparisons of previous year's surveys, as well as cross tabulations of survey responses to demographics.

The Committee confirmed with Dr. Rademacher and Ms. Paul that they would provide all of City Council with a full executive summary when they present to City Council at the June 17, Work Session meeting.

**Farmers' Market Community Grant Application**

Mr. Vanderhorst explained that as previously discussed with the Committee, the Montgomery Farmers' Market (MFM) has submitted a Community Engagement Grant request for \$2,500 for the 2015 market season to implement a series of engagement programs to take place at the market. He stated that in the past, organizations which have received two consecutive years of funding, like the MFM, have not been allowed to reapply for grant funds. However, with no other organizations applying in 2015, the application restriction was waived for this year. He asked the Committee to consider the request from the Montgomery Farmer's Market to receive the grant for the 2015 market season.

Mr. Dobrozsi made a motion to award the 2015 Community Engagement Grant to the Montgomery Farmer's Market in the amount of \$2,500. Mrs. Harbison seconded. The Committee unanimously agreed.

**Approval of Minutes**

Mr. Dobrozsi moved to adopt the May 11, 2015 Government Affairs Committee minutes. Mrs. Harbison seconded. The Committee unanimously agreed.

**Adjournment**

The Governmental Affairs Committee of Council meeting was adjourned at 5:28 p.m.

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Chair